**A Self-Study Guide to General Psychology, Revised 2015**

**(Psychology 1: Introduction to Psychology)**

**PART I: INTRODUCTION to PSYCHOLOGY**

**A. Know the ETYMOLOGICAL and MODERN DEFINITIONS of PSYCHOLOGY. Explain its definitions. Provide and defend your own definition.**

**B. Know the GOALS of PSYCHOLOGY. Provide a description for each goal.**

**C. Describe the different SCHOOLS of PSYCHOLOGY. Know their proponents and the main ideas associated with them.**

**1. Structuralism**

**2. Functionalism**

**3. Gestalt Psychology**

**4. Behaviorism**

**5. Psychoanalysis**

**6. Cognitive Psychology**

**7. Humanistic Psychology**

**D. Describe the various FIELDS of PSYCHOLOGY. Make a hierarchical arrangement of these fields and find the distinguishing feature of each field.**

**1. Social Psychology**

**2. Counseling Psychology**

**3. Vocational Guidance**

**4. Educational Psychology**

**5. Developmental Psychology**

**6. Child Psychology**

**7. Personality Psychology**

**8. Industrial Psychology**

**7. Clinical Psychology**

**8. Psychometrics**

**9. Others**

**E. Explain the uses of the METHODS of RESEARCH. Give one example --- that was actually utilized in research --- for each.**

**1. Survey Method**

**2. Observation Method**

**3. Experimental Method**

**4. Clinical Method**

**5. Interview Method**

**F. Know the IMPORTANT PEOPLE in PSYCHOLOGY and their contributions.**

**1. Aristotle**

**2. Rene Descartes**

**3. Thomas Hobbes**

**4. Ernst Weber**

**5. Hermann von Helmholtz**

**6. Charles Darwin**

**7. Gustav Fechner**

**8. Sir Francis Galton**

**9. Wilhelm Wundt**

**10. William James**

**11. Edward Titchener**

**12. Edward Thorndike**

**13. Sigmund Freud**

**14. Alfred Binet and Theodore Simon**

**15. Ivan Pavlov**

**16. William McDougall**

**17. John B. Watson**

**18. Wolfgang Kohler**

**19. B. F. Skinner**

**20. Jean Piaget**

**21. Others**